



# BODYOLOGIE WELLNESS CENTRE

## 2019 TREATMENT MENU

133 van Buuren Road, Bedfordview,  
2007 Tel: 0114551881 [www.bodyologie.co.za](http://www.bodyologie.co.za)

**TARGET YOUR MIND, BODY & SOUL OBJECTIVE:** Find customized answers to your personal concerns. We have a combination of synergistic modalities available here at **Bodyologie Wellness Centre**, Spiritual Energy Healing & Counseling (Sean); Psychology, Breathwork (Nick); Holistic Therapeutic Reflexology (Mia); Lash Extensions (Adrienne) & Bio Sculpture (Rachel); Expert Anti-Ageing therapies (Kathija): Facials, Cryotherapy, Peels, Micro Skin Needling, CE Youth Activator, EnergistUltra VPL Permanent Hair Removal, Thermal Coagulation Spider Vein removal, Endermologie/ Lipomassage, Lipogon/NuContour, Patricia Clarke Bodywraps, Spraytan, Nail Art & Gelish; Massages, Pedicures and Manicures; Waxing & Threading.

### BODYOLOGIE BEAUTY SALON PRICE LIST - KATHIJA

CENTRE OPEN TUESDAY – FRIDAY 08H00 TO 17H00 AND SATURDAY 08H00 TO 15H00

All treatments not cancelled 24 hours in advance will be charged for

**FACIALS:** [ZOwww.nuangle.co.za](http://www.nuangle.co.za) **LAMELLE**[www.lamelle.co.za](http://www.lamelle.co.za) **RÉGIMA** [www.regima.co.za](http://www.regima.co.za) **SKINCARE**

|  | DURATION               | PRICE        |
|--|------------------------|--------------|
| CUSTOMISED FACIAL: Unique to your concerns e.g. Ageing, pigmentation, acne, rejuvenation.....  | 1 HOUR                 | FROM R500.00 |
| ADVANCED FACIAL .....  | 1 HR 30                | R750.00      |
| TEEN FACIAL.....   | TIME DEPENDENT         | R400.00      |
| <b>CEYA3000 "YOUTH ACTIVATOR"</b> (radio waves) Facial sculpting rejuvenator – one treatment   | 20 MINS                | R340.00      |
| Course of ten treatments for best results at special price .....   | 20 MINS EA             | R3000.00     |
| <b>MICRO SKIN NEEDLING:</b> Wrinkles, Scars, Pigmentation - controlled injury produces new collagen & elastin – improves skin texture, firmness & hydration- treatment with either the Dermapen or roller, Once off purchase of roller | Face only              | R950.00      |
| R1500.....   | Face & neck            | R1250        |
|  | Face/neck & décolletée | R1550        |
| <b>CRYOTHERAPY TREATMENT – ACCURETT CRYOPEN</b> - specifically for salon environment: skin tags, age spots, etc. /price dependent upon number of lesions done .....  | 15 MINS                | R200/lesion  |
| <b>RESURFACING AND CHEMICAL PEELS:</b> *Qualified Aestheticians  |                        |              |
| Lamelle 15%Beta Peel (Pigment Correct).....  | TIME DEPENDENT         | R500.00      |
| Lamelle 20%Beta Peel (Pigment Correct).....  |                        |              |
| Lamelle 15% Beta plus (Acne Correct) .....   |                        |              |
| Lamelle 20% Beta plus (Acne Correct) .....   |                        |              |
| Lamelle Lactifirm 30/10 (Age prevent) .....  |                        |              |

**TC3000 INSTANT SPIDER VEIN REMOVAL – CONSULTATION FIRST** - quote specific to area – face or body

### PERMANENT HAIR REMOVAL AND SKIN REJUVENATION

**ENERGIST ULTRAVPL® (LASER THERAPY)** – Prices below are a guideline only SPECIAL QUOTE ON ASSESSMENT

**SKIN REJUVENATION:** R250.00 A SESSION AND R12.00 PER SHOT – Pigmentation/Acne/Wrinkles/Roseacea/Sun Damage/Hair growth stimulation.

**PERMANENT HAIR REMOVAL.** NB: IDEAL TIME TO DO THIS IS IN WINTER

#### FEMALE

|                                  |             |
|----------------------------------|-------------|
| UPPER LIP                        | R300.00     |
| CHIN                             | R330/R550   |
| UNDERARMS                        | R550.00     |
| BIKINI OR EXTENDED BIKINI - FROM | R500/R1100  |
| <b>MALE</b>                      |             |
| HALF BACK OR CHEST               | R1350/R2500 |
| HALF BACK (INCLUDING SHOULDER)   | R2200/R3300 |
| FULL BACK                        | R3300.00    |

**SPRAYTAN:**..... 10 MINS R330.00

#### ALL MASSAGES ARE PRICED ACCORDING TO DURATION

|                                     | DURATION      | PRICE        |
|-------------------------------------|---------------|--------------|
| BACK/NECK/SHOULDER                  | 20/30/45 MINS | R250/300/400 |
| .....                               | 1 HR/1 ½ HRS  | R500/600     |
| FULL BODY (1 hour / 1 ½ hours)..... |               | R500         |
| HOT STONE EXTRA.....                |               |              |

## WAXING:

|   |            |         |
|---|------------|---------|
| FULL LEG OR ¾ LEG (FEMALE).....                         | 30 MINS    | R240.00 |
| HALF LEG (UPPER LEG OR LOWER LEG) FEMALE.....           | 15 MINS    | R180.00 |
| FULL LEG/BACK/CHEST – EACH (MALE).....                  | 30 MINS    | R230.00 |
| LOWER BACK.....   | 15 MINS    | R130.00 |
| EXTENDED BACK (INCLUDES BUTTOCKS OR SHOULDERS).....     | 20 MINS    | R250.00 |
| SHOULDERS/BUTTOCKS.....                                 | 30 MINS    | R160.00 |
| BIKINI LINE.....  | 15 MINS    | R120.00 |
| BIKINI EXTENDED (SIDEWAYS).....                         | 15 MINS    | R130.00 |
| BIKINI (BRAZILIAN) FEMALE.....                          | 20 MINS    | R160.00 |
| BIKINI (HOLLYWOOD) FEMALE.....                          | 60 MINS    | R200.00 |
| UNDERARM.....   | 15 MINS EA | R70.00  |
| HALF ARM.....   | 20 MINS    | R90.00  |
| FULL ARM.....   | 15 MINS    | R100.00 |
| FULL FACE INCLUDES CHEEKS, BROW, UPPERLIP AND CHIN..... | 15 MINS    | R130.00 |
| LIP/CHIN/INNER NOSE (EACH).....                         | 20 MINS    | R160.00 |
| EYEBROW SHAPE.....                                      | 60 MINS    | R200.00 |
| SIDEBURNS.....  | 15 MINS EA | R70.00  |
|   | 20 MINS    | R90.00  |
|   | 15 MINS    | R100.00 |

## THREADING:

|                    |         |         |
|--------------------|---------|---------|
| EYEBROW SHAPE..... | 15 MINS | R90.00  |
| FULL FACE.....     | 45 MINS | R200.00 |

## TINTING:

|                                 |         |         |
|---------------------------------|---------|---------|
| EYELASH TINT and BROW TINT..... | 20 MINS | R150.00 |
| EYELASH TINT.....               | 10 MINS | R100.00 |
| BROW TINT.....                  | 10 MINS | R80.00  |

## GROOMING: HANDS & FEET: INCL: FOOT PEEL. ACRYLIC/GELIT/ BIO SCULPTURE GEL/EVO - TRAINED NAIL TECHNICIANS IN ATTENDANCE. ALSO MIA SPOTCARE® FOR HANDS AND FEET (AGE SPOT REMOVAL TREATMENT).

|   |              |              |
|---|--------------|--------------|
| MANICURE.....   | 1 HOUR       | R230.00      |
| EXPRESS MANICURE.....   | 30 MINS      | R160.00      |
| MANICURE WITH EVO.....  | 1 HOUR       | R340.00      |
| PEDICURE.....   | 1 HOUR       | R250.00      |
| EXPRESS PEDICURE.....   | 30 MINS      | R180.00      |
| PEDICURE WITH GEL OVERLAY.....  | 1 ½ HRS      | R340.00      |
| PEDICURE WITH GEL FILL.....   | 1 ½ HRS      | R340.00      |
| PARAFFIN DIP.....   | 15 MINS      | R100.00      |
| SPA PEDICURE incl. EXFOLIATION, PARAFFIN WAX DIP, PEEL & MASSAGE.....   | 1 HR 30 MINS | R340.00      |
| SPA MANICURE incl. EXFOLIATION, PARAFFIN WAX DIP, PEEL & MASSAGE.....   | 1 HR 30 MINS | R320.00      |
| EVO ON TOES ALONE.....  | 30 MINS      | R180.00      |
| VARNISH.....  | 20 MINS      | R80.00       |
| BUFF AND PAINT.....   | 30 MINS      | R110.00      |
| ACRYLIC TIPS – FRENCH/NATURAL.....                                      | 1 HOUR       | R360/R380    |
| EVO TIPS.....   | 1 HOUR       | R340         |
| EVO FRENCH.....   | 1 HOUR       | R220/R230    |
| ACRYLIC OVERLAY: COLOUR/NATURAL.....                                    | 1 HOUR       | R220/R310    |
| SOAK OFF WITH EVO.....  | 20 MINS      | R45          |
| SOAK OFF WITH ACRYLIC.....  | 30 MINS      | R70          |
| SOAK OFF AND BUFF.....  | 30 MINS      | R85          |
| NAIL ART STICKERS/DESIGNER.....   | 15 MINS      | R5/R20 EACH  |
| NAIL REPAIR/SOAK OFF AND REPAIR PER NAIL.....                           | 20 MINS      | R30/R50      |
| MIA SPOTCARE® TREATMENT FOR AGE, LIVER, SUN SPOT REMOVAL, PER SPOT..... | MINS         | R30 - R50 EA |

## SLIMMING TREATMENTS

|   |              |               |
|---|--------------|---------------|
| <b>PAT CLARKE BODY WRAP:</b> <a href="http://www.patricia-clarke.com">www.patricia-clarke.com</a> – lose between 18 to 80cm in 60 mins.         | 1 HR         | R500.00       |
| <b>LIPOGON/NUCONTOUR TREATMENT:</b> <a href="http://www.dccm.co.za">www.dccm.co.za</a> – rapid metabolic dispersion, targeted fat, awakes lymph | 20 MINS      | R320/R180shot |
| <b>LIPOMASSAGE™ AND ENDERMOLIFT™ BY ENDERMOLOGIE® : CELLULITE TREATMENT/RECONTOURS THE BODY AND FACE</b>  |              |               |
| INDIVIDUAL TREATMENT.....   | 35 MIN       | R300.00       |
| 14 TREATMENT COURSE SPECIAL (R200 EACH) localized area only for 35 minutes.....   | 45 MIN       | R2800.00      |
| 14 TREATMENT COURSE SPECIAL (R270 EACH) full body.....  |              | R3780.00      |
| BODY STOCKING.....  |              | R380.00       |
| <b>CEYA3000 “YOUTH ACTIVATOR”</b> (radio waves) Body sculpting rejuvenator – individual treatment   | 20 MINS      | R340.00       |
| Course of ten treatments for best results at special price.....   | 20 MINS EACH | R3000.00      |

## SPA PACKAGES

**½ DAY SPA PACKAGES:** Special quote available and customised to your specific requirements using the treatments on offer. This may also include the machines, e.g. CEYA equals a full spa experience. A 20 minute session is equivalent to a 3 day detox. Prior bookings are essential, preferably at least 2 weeks in advance and either 50% deposit or full payment to be made at least 1 week in advance. In peak season, to avoid disappointment, bookings should be made for during the week. Refreshments available.